

## SCHEME OF WORK

SUBJECT: Nature Studies, Exercises of Practical Life &amp; Sensorial exercises

Class- : Foundation 1

MONTH	WEEKS	NO. OF PERIODS	UNIT NO.	TOPIC / DETAILS
September	1			Preparations to Welcome the new students
	2			Receiving children & settling the kids in class with fun Activities <b>How to Sit on a Chair &amp; How to Carry a Chair</b>
	3		01	Rolling & unrolling the mat Walking on Line My Self
	4		02	Arranging f Tables & Chairs Taking Care of books Knobbed cylinders My Family
	5		03	Keeping things at the Proper Place My Friend
October	6			Eid UL ADHA HOLIDAYS
	7		04	Dusting & care of Floor Dressing Frames & lacing Fabric / Our Clothes
	8		05	Tables Manners How to Fold a Napkin Good Habits
	9		06	Pouring exercise Our Food
November	10		07	Cutting exercise How to give and take scissors

				Fruits
	11		08	Washing exercise Vegetables
	12		09	Healthy Food
	13		10	Junk Food
December	14		11	Parts of a Tree
	15		12	Flowers
	16		13	Parts of the Body Care of Teeth, Nose & Hair
	17			Winter Holidays
	18			Winter Holidays
January 2015	19		14	Five senses / Taste & Smelling bottles
	20		15	Farm & Pet Animals
	21		16	Wild Animals
	22		17	Sea Animals
February	23		18	Birds

	24		19	Insects
	25		20	Places we go to Worship
	26		21	People Who Help us
March	27		22	Musical Instruments
	28		23	My Home
	29		24	My School
	30		25	Safety
April	31		26	Festivals
	32			Sinhala New Year Holidays
	33		27	My Favourite sport
	34		28	My Country

May	35		29	Oman
	36		30	Transportation By Road
	37		31	Transportation By Sea
	38		32	Transportation By Air
	39		33	Weather
June	40		34	Earth
	41		35	Sun
	42		36	Water
	43		37	Fire
July	44		38	Revision School closes for Year End Vacation